

REGULATIONS



MMA WORLD SENIOR & JUNIOR CHAMPIONSHIPS 2025

KALUGA – RUSSIA

August 21-25, 2025

1. **GENERAL PROVISIONS**

- 1.-3. MMA World Championships 2025 is an international non-commercial tournament held under International Association of mixed martial arts "MMA World".
- 1.-2. The Mixed Martial Arts competitions will take place in Kaluga from 21 to 25 August 2025, including the day of athletes' arrival, 21 August, and the day of their departure, 25 August.
- 1.-1. The competitions will be conducted in accordance with the latest version of the MMA World Amateur MMA Rules. In the event of any doubt as to the interpretation of these Rules, the English text shall prevail.

2. **COMPETITION VENUE**

Venue name – Sport Palace "Central", 57 Lenina St., Kaluga city.

3. **ACCOMMODATION**

- 3.-3. All registered team members are accommodated at the official team hotel Sport Palace "Central", address: 57 Lenina St., Kaluga city.
- 3.-2. Accommodation is booked from 21/08/2025 with check out on 25/08/2025.
- 3.-1. Competitors who wish to arrive earlier than the arrival date specified in these Regulations and depart later than the departure date, will be responsible for the costs of their own accommodation, meals, local transport during their time in the MMA World Championships host city.

4. **COMPETITION PROGRAMME**

- 4.1. The competitions will last 3 days and include the following events:

Men	Women
52.2kg	47,6kg
56.7kg	52.2kg
61.2kg	56.7kg
65.8kg	61.2kg
70.3kg	65.8kg
77.1kg	70.3kg
83.9kg	
93.0kg	
120.2kg	
+120.2kg	

Junior 18-20 (male)	Junior 18-20 (women)
52.2kg	47,6kg
56.7kg	52.2kg
61.2kg	56.7kg
65.8kg	61.2kg
70.3kg	65.8kg
77.1kg	70.3kg
83.9kg	
93.0kg	
120.2kg	
+120.2kg	

- 4.2. Each national team/sports club may enter a maximum of 1 athlete per weight category.
- 4.3. MMA World Championships is for adult athletes 18 years plus with no upper age limit and for junior athletes 18-20 years old.
- 4.4. Athletes from participating countries (2 persons in each weight category, but not more than 10 (ten) male athletes and unlimited number of female athletes) with no more than 5 (five) professional fights are eligible for the World Senior (18+ y.o.) Championships.
- 4.5. Athletes from participating countries (2 persons in each weight category, but not more than 10 (ten) male athletes and unlimited number of female athletes) with **NO** professional fights are eligible for the World Junior (18-20 y.o.) Championships.
- 4.6. Quotas for team officials:
 - 1-10 athletes – 1-2 team officials;
 - 10-20 athletes – 2-3 team officials;
 - 20-32 athletes – 3-5 team officials.
- 4.7. The official weigh-in and medical check-in in each weight category will be held on every day of the competition.

5. COMPETITION SCHEDULE

Date	Event
21 August 2025	Arrival Registration – 10:00-18:00 Tournament Draw and Rules Briefing - 18:00
22 August 2025	1st competition day Official weigh-in and medical check-in - 08:00 – 09:00 Preliminary bouts – 10:00
23 August 2025	2nd competition day Official weigh-in and medical check-in – 08:00 – 09:00 Semi-finals – 11:00
24 August 2025	3rd competition day Junior Finals – 11:00 Medal Ceremony – 15:00 Senior Finals – 16:00 Medal Ceremony – 20:00
25 August 2025	Departure

6. COMPETITION FORMAT

- 6.-3. Competitions are held according to the Olympic system. The bronze medals will be awarded to the two (2) losers of the semi-finals in each weight category.
- 6.-2. Each bout consists of three rounds, each three (3) minutes in duration, with a rest period of one (1) minute between each round. In case of a tie after three rounds, an extra round may be assigned.
- 6.-1. The format of the competition may be changed depending on the number of declared athletes.

7. SUBMISSION OF APPLICATIONS FOR PARTICIPATION

National sports teams may apply to participate in the World Championships. The athlete will compete under the flag of the country of which the team is represented.

- 7.-3. Entries submission deadline:

Application Form (Appendix 1.)— 14 July 2025;

Games participants must not be subject to any sports sanctions, including sanctions for violations of anti-doping rules.

8. REGISTRATION

Registration and accreditation will take place on 21 August. Team representative must present to the Head Judge the following documents:

- Team application form
- Each athlete's passport (original)
- Medical documents
- Insurance

9. **MEDICAL CLEARANCE**

In order to be medically cleared to compete in the World MMA Championship, each athlete must provide the following:

- a completed Annual **Medical Examination form** of the athlete certified by the national medical authority
- original testing laboratory result showing **clear blood test results** for Hepatitis B (HBsAg), Hepatitis C (Anti-HCV) and HIV (p24 antigen and HIV 1+2 antibodies), all dated within 6 months of the final day of competition - so on or after 15 February, 2025

10. **INSURANCE**

All participants are requested to get their own travel and sport medical insurance. The insurance must be provided to the Championships Credentials Committee during the registration.

11. **UNIFORM AND EQUIPMENT**

- 11.-3. The uniforms worn by competitors (short-sleeve rash guard, shorts, gloves, shin-guards) must comply with the MMA WORLD Rules. (Appendix 2.)
- 11.-2. Each athlete must have two uniforms, one red and one blue.

12. **FINANCIAL CONDITIONS**

- 12.-3. Hosting federation shall bear the costs of participants' meals, accommodation, and local transportation to and from the airport and the venue.
- 12.-2. Hosting federation shall bear the costs of three (5) participants transportation to and from the city of the MMA World Championships.
- 12.-1. Hosting federation shall bear the costs of officials' meals, accommodation, and transportation.

13. **VISA**

A visa is required for a foreign citizen to enter the Russian Federation.

When applying for visa, the visa type to apply is Humanitarian.

All participants have to send their scanned copies of passport in a good quality.

All the documentation for entry into Russia please email: info@mmaunion.world

Cut off time for visa inquiry is Sunday July 20th, 2025. After this date there are no guarantees, the Russian MMA Union can help with acquiring visa.

Application form

Team _____

to participate in the World Senior and Junior MMA Championships, held in Kaluga, August 21-25, 2025

№	Name	Position (athlete, coach..)	Weight category	Date of birth
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				

Team representative

(signature)

(name)

(Stamp)

Medical Certificate

Family name		First name	
Date of birth		Nationality	
National Federation		Weight division	

I, undersigned, Doctor,

Name (family name, first name)			
Medical speciality			
Address		Phone:	Email:

- I certify that I have examined the athlete designated here above on _____ (dd/mm/yyyy);
- I certify that this athlete has no medical contraindication to compete in the sport of Mixed Martial Arts (MMA) in any of MMA WORLD sanctioned events on the official calendar, he/she is allowed to by the MMA World Rules, as from the date of examination mentioned above;
- I certify that the information provided in this certificate is accurate.

This certificate is done on request by the above-mentioned athlete for the appropriate legal purposes.

Date, place _____

Doctor's signature and stamp _____

EQUIPMENT REQUIREMENTS

The uniform consists of: mixed martial arts shorts made of synthetic material with no Pockets, zips, fasteners or any foreign substance, short sleeve type rashguard made of synthetic stretch material, amateur MMA gloves (6-8 oz.), tight fighting pull-on sock/neoprene type shin guards, a groin bandage and a mouthpiece.

70% of the uniforms must be red or blue to match the color of the corner.

Front side of the shorts: on the left side the logos of the federation's partners are allowed, not larger than 20 cm by 20 cm. On the right side the flag of the competitor's country and his surname and name.

On the back: the logos of the federation's partner are allowed, not larger than 30 cm by 15 cm.

On the rashguard:

On the sleeves: the logos of the federation partner and the flag of the country are allowed.

On the back: the correct name of the country, see Alpha 3 ISO and the name of the competitor.

The MMA gloves shall be colored either Red or Blue or neutral with protective padding weighing a minimum of no less than 6 ounces and no more than 8 ounces.

Tight fighting pull-on sock/neoprene type shin guards shall be colored either Red or Blue or neutral equipment is available.



VICTOR DROZDOV
MMA WORLD PRESIDENT



International Association
of mixed martial arts

MMA WORLD